

Contact us

Contact Us

Please note that the contact information below is for general enquiries and is not intended for crisis support. It is not monitored 24/7.

If you would like immediate help, please call 1.833.456.4566 (available 24/7). This toll-free number will connect you to a crisis centre with trained responders who can offer support and resources.

If you are in immediate crisis, please call 9-1-1 or go to your nearest hospital emergency room.

General Inquiries

Crisis Services Canada can be contacted at:

5th Floor, 439 University Avenue

Toronto, ON M5G 1Y8

Tel: (437) 317-4488

Email: info@CrisisServicesCanada.ca

Canada Not-For-Profit Corporations Act #: 1033978-4 Crisis Services Canada

You may also be interested in:

Who we are

Crisis Services Canada is a collaboration of non-profit distress and crisis service centres from across Canada working together to reduce the impact of suicide.

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Our team

CSPS is a dedicated and diverse team. Our responders and supervisors come from all backgrounds and experiences, reflecting the communities we service.

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